

PRE WRAP

On the same day of the wrap take a complete shower and do NOT use any lotions, creams or oils on the skin. This will allow better penetration of the solution in the skin.

HEALTH PROBLEMS TO BE CONCERNED WITH:

Group 1

(Clients who CAN be cautiously wrapped)

- Circulatory or respiratory problems
- High blood pressure.
- Skin disease or disorders (eczema and psoriasis can be wrapped if there are no present open sores)
- Breast feeding Mothers.
- Hiatus hernia

Group 2

(Clients who should consult their GP before being wrapped)

- Cancer
- Heart problems
- Epilepsy

Group 3

(Clients who should NOT be wrapped)

- Pregnancy
- Phlebitis
- Emphysema
- Recent operations
- Allergic reactions

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| Allow 120 -150 minutes for every session of the body wrap. |
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