

Although, your treatment in the salon has now been completed, the clay solution is still in your skin, and the detoxification and tightening process can continue for 3-4days, giving further inch loss.

You can greatly assist the skin tightening process by retaining the solution in the pores, showering in tepid water only.

Limit using soap on the underarm, groin and feet areas only. You do not want to wash the solution out of the pores.

Creams and lotions that could be absorbed into the pores and inhibit the desired action of the retained solution should also be avoided.

The wrap is great for dry skin-you should not need lotion for a few days.

Following the procedure for the next 3-4days will greatly assist the overall appearance of the skin.

After 3-4 days, hot showers and plenty of soap on the entire body will open the pores and eliminate the solution and toxins on which it has continued to act.

There will NOT be any body odour problems because of the clay solution retention.

After your wrap, you should drink plenty of water , either mineral or tap water is fine but NOT carbonated water. Ideally, try to drink at least 3 pints a day. This helps flush and rid your body of the impurities that have been broken down during the wrap process.

THINGS TO AVOID

- Tea
- Coffee
- Sugar
- Salt
- Carbonated drinks
- Alcohol
- Fried and fatty foods

If you drink a lot of tea or coffee, we would advise clients to cut down instead of cut out.

ENJOY MAXIMUM BENEFITS BY BOOKING A COURSE OF WRAPS.

To experience the full benefits of the UCW, a course of wraps is recommended and these should be taken a minimum of 7-10 days apart. Inch loss is accumulative and you should loose around 25" over three wraps. It is quite normal to loose a complete dress size over three wraps, without losing a pound in weight.

As the inches do not return after a few glasses of water you can only be wrapped a certain number of times before further inch loss is not achievable. This is called being “wrapped out”.

It depends upon your size and lifestyle as to how many wraps you will need before being “wrapped out”. At this point the only way to achieve further inch loss is to diet.

However, even though you may become wrapped out, further wraps will certainly continue to benefit the skin by deep cleansing, contouring and tightening the soft fatty tissue and are also excellent for detoxification on a regular basis.

In order to maintain your shape and inch loss we recommend having a wrap once every 2 months.

THE 6 INCH GUARANTEE

All customers having their first full body wrap are entitled to the following guarantee:

That you should lose a minimum of 6” or you will not be charged and that you should maintain a loss of at least 6” for a period of 30 days or we will wrap you again free of charge.

This is conditional on you following the “After Wrap Instructions” and not gaining any extra weight, (and thereby new inches for the next 30 days following your wrap.

To qualify for this guarantee, you have the right to return to the salon on the 30th day after your wrap to be re-measured and weighed if required.

This guarantee only applies to clients having a full body wrap, no guarantee can be given to clients having ‘partial’ wraps.